



# WHEY PROTEIN

## Vanilla

- Combination of three protein sources for optimal results
- Each serving contains approximately 22g of high quality protein
- Best taste and excellent solubility in water



### NUTRITION VALUES:

Nutrition Information per	100 g	% NRV/% RI*	30 g**	% NRV/% RI*
Energy	1591 kJ / 376 kcal		477 kJ / 113 kcal	
Fat	3,6 g		1,1 g	
- of which saturates	2,4 g		0,7 g	
Carbohydrate	12 g		3,7 g	
- of which sugars	5,8 g		1,7 g	
Protein	72 g		22 g	
Salt	1,03 g		0,31 g	
Vitamin B6	6,2 mg	442	1,9 mg	132

\*Nutrient Reference Value/; \*Reference Intake/; \*\*per 30 g serving when mixed with 200ml of water/

### INGREDIENTS:

85% **whey** protein concentrate, 8% **whey** protein isolate, 5% protein enriched **whey** powder, flavour, emulsifier (lecithins), salt, thickener (guar gum), sweeteners (acesulfame K, sucralose), vitamin B6. **Allergen advice: For allergens see ingredients in bold. May contain traces of egg and soya.**

### RECOMMENDED USAGE:

Whey protein powder drink mix enriched with Vitamin B6. With sweeteners. To prepare: Shake 1 serving = 30g (approx. 3 measuring spoons) with 200ml water. Please weigh for exact dosage. Instructions for use: Take 1 serving per day. Ideally, drink one shake for breakfast or one shake right after after training. The product should be taken as part of a varied and balanced diet and in conjunction with a healthy lifestyle.

### FLAVOUR:

**Vanilla**

### PACKING:

**Content: 2000g e**