## WHEY PROTEIN Rich Chocolate

## EST. 1977

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## NUTRITION VALUES:



| Nutrition Information per | 100 g | \% NRV/\% R ${ }^{*}$ | $30 \mathrm{~g}^{* *}$ | \% NRV/\% RI* |
| :---: | :---: | :---: | :---: | :---: |
| Energy | $\begin{aligned} & 1566 \text { kJ / } 374 \\ & \text { kcal } \end{aligned}$ |  | 470 kJ / 112 kcal |  |
| Fat | 4,0 g |  | 1,2 g |  |
| - of which saturates | 2,5 g |  | 0,7 g |  |
| Carbohydrate | 12 g |  | 3,7 g |  |
| - of which sugars | 4,0 g |  | 1,2 g |  |
| Fibre | 3,5 g |  | 1,1 g |  |
| Protein | 70 g |  | 21 g |  |
| Salt | 0,95 g |  | 0,29 g |  |
| Vitamin B6 | 6,2 mg | 445 | $1,9 \mathrm{mg}$ | 133 |

*Nutrient Reference Value/; *Reference Intake/; **per 30 g serving when mixed with 200 ml of water/

## INGREDIENTS:

83\% whey protein concentrate, $8 \%$ whey protein isolate, $5 \%$ fat-reduced cocoa powder, flavouring, 1\% protein enriched whey powder, emulsifier (lecithins), salt, thickener (guar gum), sweeteners (acesulfame K, sucralose), vitamin B6. Allergen advice: For allergens see ingredients in bold. May contain traces of egg and soya.

## RECOMMANDED USAGE:

Whey protein powder drink mix enriched with Vitamin B6. With sweeteners. To prepare: Shake 1 serving $=\mathbf{3 0 g}$ (approx. 3 measuring spoons) with 200 ml water. Please weigh for exact dosage. Instructions for use: Take 1 serving per day. Ideally, drink one shake for breakfast or one shake right after after training. The product should be taken as part of a varied and balanced diet and in conjunction with a healthy lifestyle.

## FLAVOUR:

## Rich Chocolate

## PACKING:

Content: 2000g e


[^0]:    - Combination of three protein sources for optimal results
    - Each serving contains approximately $\mathbf{2 2 g}$ of high quality protein
    - Best taste and excellent solubility in water

