



EST. 1977

# WHEY PROTEIN

## Banana Milk

- Combination of three protein sources for optimal results
- Each serving contains approximately 22g of high quality protein
- Best taste and excellent solubility in water
- Now new in a recyclable cardboard can



### NUTRITION VALUES:

Nutrition Information per	100 g	% NRV/ % RI*	30 g**	% NRV/ % RI*
Energy	1598 kJ/ 378 kcal		479 kJ/ 113 kcal	
Fat	4,1 g		1,2 g	
- of which saturates	2,4 g		0,7 g	
Carbohydrate	11 g		3,3 g	
- of which sugars	6,2 g		1,9 g	
Protein	73 g		22 g	
Salt	0,99 g		0,30 g	
Vitamin B6	6,4 mg	454	1,9 mg	136

\*Nutrient Reference Value/; \*Reference Intake/; \*\*per 30 g serving when mixed with 200ml of water/

### INGREDIENTS:

85% **whey** protein concentrate, 8% **whey** protein isolate, 4% protein enriched **whey** powder, flavouring, emulsifier (lecithins), salt, thickener (guar gum), sweeteners (acesulfame K, sucralose), vitamin B6, colour (beta-carotene).

**Allergen advice: For allergens see ingredients in bold. May contain traces of egg and soya.**

### RECOMMENDED USAGE:

Whey protein powder drink mix enriched with Vitamin B6. With sweeteners. To prepare: Shake 1 serving = 30g (approx. 3 level tablespoons) with 200ml water. Please weigh for exact dosage. Instructions for use: Take 1 serving per day. Ideally, drink one shake for breakfast or one shake right after after training. The product should be taken as part of a varied and balanced diet and in conjunction with a healthy lifestyle.

### FLAVOUR:

**Banana Milk**

### PACKING:

**Content: 420g e**