

# VEGAN PROTEIN Cookie Dough

- A healthy and yummy protein shake
- Best taste
- High level of protein
- From three plant protein sources (Rice, Pea and Soy)
- Low Sugar
- Low Carbohydrate



## NUTRITION VALUES:

Nutrition Information per	100 g	% NRV/ % RI*	30 g**	% NRV/ % RI*
Energy	1627 kJ/ 385 kcal		488 kJ / 116 kcal	
Fat	5,5 g		1,7 g	
- of which saturates	1,5 g		0,5 g	
Carbohydrate	2,8 g		0,8 g	
- of which sugars	0,6 g		0,2 g	
Fibre	3,8 g		1,1 g	
Protein	79 g		24 g	
Salt	2,3 g		0,68 g	
Vitamin C	149 mg	185	45 mg	55
Vitamin B6	1,2 mg	82	0,35 mg	25

\*Nutrient Reference Value/; \*Reference Intake/; \*\*Per serving 30 g in 300 ml water/

## INGREDIENTS:

51% **soya** protein isolate, 30% pea protein isolate, 12% rice protein, flavouring, 1,5% fat-reduced cocoa powder, thickener (guar gum), vitamin C, rapeseed oil, sweeteners (acesulfame K, sucralose), vitamin B6. **Allergen advice: For allergens see ingredients in bold. May also contain traces of milk and egg.**

## RECOMMENDED USAGE:

To prepare: **1 portion = Mix 30g (approx. 3 level tablespoons) with 300ml water. Instructions for use: Take 1 serving per day. The product should be taken as part of a varied and balanced diet and in conjunction with a healthy lifestyle.**

## FLAVOUR:

**Cookie Dough**

## PACKING:

**Content: 420g e**